

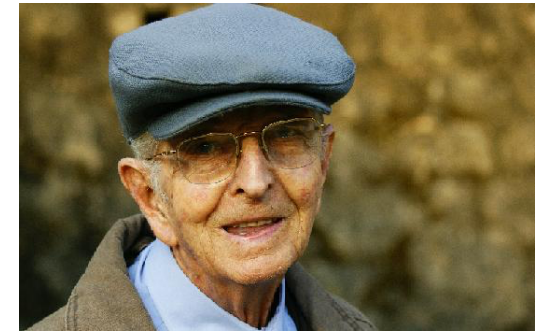
# Energy protein malnutrition: patient outcomes Clinical Cases

Master for Community and Family Nurses

Milko Zanini



# Clinical case

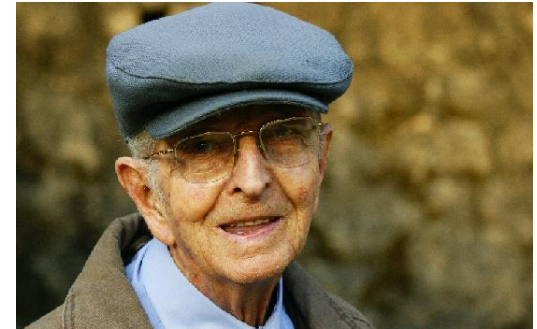


## **Pasquale**

83-year-old patient has a symptomatology characterized by asthenia and inappetence, which has risen acutely for about 20 days

The history showed a picture of high comorbidity (arterial hypertension, ischemic-chronic heart disease, chronic obstructive pulmonary disease, colon diverticulosis, previous prosthesis of abdominal aorta aneurysm and depression of the mood tone that arose as a result of severe family bereavement) The last haematochemical examinations, carried out at the General Practitioner, showed a condition of anemia (Hb 7.3 g/dl)

## Clinical case – additional information



**Pasquale,**

On the home visit, the patient was in poor general condition, with reduced muscle masses and subcutaneous adipose tissue, dry and inelastic skin, slightly pale, liftable in small-thickness pliche.

Pasquale is 170 cm tall and weighs, at the day of the home visit, 44.6 kg) his BMI (Body Mass Index) and equal to 15.4.